



Vocabulary in PE



	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Nursery	Send, Throw, Power, Roll.	Move, shape,	Move, stretch, tall, roll	Stop, Go, Slow, Fast, Space, Infront, Behind, Below. Run, Go, Finish, Fast, Get Ready, Throw.	Bike, pick up, helmet	Listen, team,
Reception	Question, Watch, Listen, Show, Talk, Answer.	Create, Sequence, routine, levels, perform	Roll, Travel, Curl, Stretch, Star, Tuck, Jump.	Sideways, backwards, forwards, Healthy, Fit, Heart, Blood, Space, control. Slow, Fast, change direction, take off, Land, Throw.	Balance, Safety, helmets, Stop, Go, Pick up, Bike, Quick, Slow.	Seated, Listening, Blind folded.
Year 1	Discuss, Talk, Show, Watch, Listen, Answer.	Change direction, Link, Travel, Pattern, Sequence, routine, Perform, Speed.	Apparatus, Travel, Speeds, Direction, Roll, Sequence.	En garde, Foil, Sword, Armour, Safety, Attack, Defend.	Field event vocab: Bounce, Look, Control, Space, Send, Throw, Roll, Kick, Healthy, Heart, Body, Fitness. Athletics vocab- Agility, Balance, Landing, Throw, Power, Speed.	Include, Perform, Seated, Listening, Blind folded, Disabled, Disadvantaged, Scoring, Teamwork.
Year 2	Communicate, Discuss, Listen, Question, Watch, Demonstrate, Answer.	Explore, Level, Speed, Routine, Beat, Compose, Action, Gesture, Create.	Sequences, Creative, Apparatus, Start point, Travel, Roll, Feedback, Performance.	En garde, Foil, Helmet, Body armour, Safety, Attack, Defend, Lunge. Step lunge.	Field event vocab- Explore, Dribble, Control, Accuracy, Send, Space, Throw, Roll, Power, Weight, Active lifestyle, healthy, Heart, Fitness. Athletics vocab - Link, Power, Momentum, Technique, Throw, Hurdle.	Inclusion, Performance, Seated, Senses, Techniques, Disadvantaged, Disabled.