



PHSE Vocabulary



	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Nursery	Kind, Gentle, Friend, Similar(ity), Different, Feelings, Angry, Happy, Excited, Nervous, Sharing, Taking Turns.	Different, Special, Proud, Friends, Kind, Same, Similar, Happy, Sad, Frightened, Angry, Family, unique	Proud, challenge, kind words, goal, feelings, collaboration, persevere, tricky, keep trying, jobs	Healthy, unhealthy, exercise, resting, food, sleep, stranger, danger.	Family, Jobs, Relationship, Friend, Lonely, Argue, Words, Feelings, Angry, Upset, Calm me, Breathing	, Baby, Grown-up, Adult, Change, Worry, Excited
Reception	Kind, Gentle, Friend, Similar(ity), Different, Rights, Responsibilities, Feelings, Angry, Happy, Excited, Nervous, Sharing, Taking Turns.	Different, Special, Proud, Friends, Kind, Same, Similar, Happy, Sad, Frightened, Angry, Family, unique	. Proud, challenge, kind words, goal, feelings, collaboration, persevere, tricky, keep trying, jobs	Healthy, unhealthy, exercise, resting, food, sleep, stranger, danger., Scared, Trust.	Family, Jobs, Relationship, Friend, Lonely, Argue, Fall-out, Words, Feelings, Angry, Upset, Calm me, Breathing	Baby, Grown-up, Adult, Change, Worry, Excited, Memories
Year 1	Safe, special, calm, belonging, rights, responsibilities, rewards, proud, consequences, upset, disappointed, learning charter	Similarity/similar, same as, different from, difference, bullying/bullied, bully, deliberate, on purpose, unfair, included, celebration, special, unique	Proud, success, achieve, achievement, goal, learning, dreams, working together, team work, collaboration, celebrate, challenge, feelings, obstacle, overcome	Healthy, unhealthy, balanced, exercise, sleep, choices, clean, hygienic, safe, trust, medicines, safety, look,listen, wait, keeping clean.	Family, community, belong, feelings, different, relationships, same, appreciate, friendship, incredible, caring, sharing, kind, proud, confidence, self-belief, prais, like, dislike	Changes, grown up, baby, grow, adult, life cycle, male, female, penis, vagina, testices, feelings, anxious, worried, excited, coping
Year 2	Worries, Hopes, Fears, Belonging, Rights, Responsibilities, Responsible, Actions, Praise, Reward, Consequence, Positive, Negative, Choices, Co-Operate, Learning Charter, Problem-Solving.	Similar, similarity, assumptions, shield, stereotypes, bullying, bullied, kind, unkind, feelings, sad, lonely, help, friends, friendship, included, qualities, caring, kind, unique, value	Proud, success, realistic, achievement, goal, celebrate, strengths, persevere, challenge, difficult, easy, team work, collaboratively, problem solver	Healthy choices, Lifestyle, Motivation, Relax, Relaxation, Tense, Calm, Healthy, Unhealthy, Dangerous, Medicines, Safe, Body, Balanced diet, Portion, Proportion, Energy, Fuel, Nutritious	Family, conflict, different, similarities, like, dislike, relationship, cooperate, physical contact, communication, acceptable, not acceptable, friends, positive problem solving, point of view, good secret, worry secret, trust, trustworthy, honesty, reliability, compliments, celebrate, appreciate, positive, negative	Change, Grow, Control, Life cycle, Baby, Adult, Fully grown, Growing up, Old, Young, Change, Respect, Appearance, Physical, Baby, Toddler, Child, Teenager, Independent, Timeline, Freedom, Responsibilities, Male, Female, Vagina, Penis, Testicles, Vulva, Anus, Public, Private, Touch, Texture, Cuddle, Hug, Squeeze, Like, Dislike, Acceptable, Unacceptable, Comfortable, Uncomfortable, Looking

						forward, Excited, Nervous, Anxious, Happy
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