



Our PSHE curriculum is embedded in everything we do. It is tailored to meet the needs of our children, empowering them to be creative, aspirational, independent and resilient learners. We offer a nurturing and inclusive environment in which each child is encouraged to develop their full potential and 'be the best that they can be'. This is taught through; discrete PSHE lessons (Jigsaw), whole school activities, cross curricular lessons and contextual.

Through using the Jigsaw scheme, we deliver engaging and relevant PSHE lessons within a whole school approach with all year groups working on the same theme (puzzle piece) at the same time. Jigsaw is a spiral, progressive and fully planned scheme of work with a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health. This equips us to deliver PSHE lessons which give children the knowledge, understanding and skills they need to prepare them for life, helping them really know and value who they are and how they fit into and contribute to the world. It develops the qualities and attributes pupils need to thrive as individuals, family members and members of society. As a school we want our children to leave with a 'school bag of personal development' which will enable them to grow into confident young people who can use the tools and skills taught through PSHE enabling them to have healthy relationships, lifestyle, keep themselves safe, have positive mental well being and thrive in an ever changing world.

We will do this by creating the ability to:

- Be able to understand and manage their emotions.
- Appreciate difference and diversity.
- Be able to develop positive, healthy relationships with their peers both now and in the future.
- Have respect for themselves and others
- Make excellent progress

In order for the above principles to be achieved, we will:

- Provide frequent, high quality, real life experiences related to PSHE
- Provide opportunities for children to build resilience and independence
- Provide teachers with opportunities to further develop their subject knowledge.
- Provide targeted support for individuals through professional organisations
- Build up and develop PSHE resources across the school, to facilitate high quality teaching and learning.