

Woodlands Infant & Nursery School

SCHOOL NEWSLETTER



Head Teachers Comment

We have had an incredible start to the new year! The children have settled back beautifully, and it has been wonderful to see their enthusiasm as we dive into our new topics. Last week, our Wellbeing Wednesdays were a real highlight, with yoga sessions helping everyone to relax and recharge. It's lovely to have the classrooms buzzing with learning again, and we look forward to an exciting and productive term ahead.

Term Dates

January

23rd Jan - Maple Assembly

February

12th Feb Parent Consultations

13th Feb Break the Rules Day (non uniform day)

13th Feb Half Term Begins

23rd Feb Return to School

March

4th Whole School Photo

5th March World Book Day

9th March Science Week

11th March Healthy Mind Workshop Parents

20th March Y1 & Y2 Castle & Cathedral

20th March Red Nose Day

26th Nursery Play & Stay

27th March Hill Holt Woods Reception

April

1st Easter Assemblies

2nd April End of Term



Student Spotlight



We're proud to celebrate a group of students who earned their Collaboration Certificate! These students demonstrated outstanding teamwork, communication, and problem-solving skills. Their ability to work together and support one another truly reflects the spirit of collaboration we value in our learning community. Congratulations to these amazing students for setting such a great example!

School News

Nursery Places Available – Enroll Now!

We're excited to announce that we currently have spaces available in our nursery! Our nurturing environment is designed to help your little ones learn, grow, and thrive.

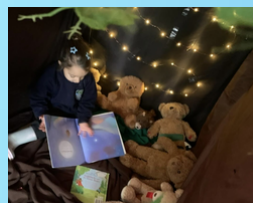
- ✓ Safe and caring setting
- ✓ Experienced staff
- ✓ Engaging activities for early development

Don't miss out—places are limited!

Contact us today to secure your child's spot.

Please could all parents check if they are eligible for free school meals and monetary vouchers. The link is below.

[Apply for free school meals - GOV.UK](#)



Classroom Highlights



This week Maple Class have been enjoying music. They have been learning about different styles and pitch in old folk songs.



Reading



2026 is the National Year of Reading with the motto "Go All In" and is reconnecting reading with the things that already inspire us – from playlists and football matches to films, food and family time. It's reading that fits how we live, not the other way around.

So why not get involved. Explore how you can join the movement at home by following the link below.

National Year of Reading 2026 | Go All In

twinkl.co.uk



We're always looking for ways to make learning even more exciting and engaging for our children. One simple way you can help is through our Amazon Wish List.

Our Wish List is an easy online tool where we've added resources that would really enhance our provision – from books and art supplies to sensory toys and outdoor learning materials. Each item has been carefully chosen to support creativity, curiosity, and well-being in our setting.

If you'd like to support us, just visit our Amazon Wish List, choose an item, and it will be sent directly to the school. Every contribution, big or small, makes a real difference to the experiences we can offer our pupils.

Together, we can make our learning environment even more inspiring – thank you for your continued support! ❤️

Amazon Wish List
https://www.amazon.co.uk/hz/wishlist/ls/0BHE01RBY954?ref_rh_abl_nvfly_yl

Thank you to the parent who purchased the bears from the Amazon Wishlist. Nursery have loved playing with them as part of their topic on bears.



Value Term 3

RESILIENCE

- We have an open growth mind-set
- We build skills to help us in life
- We become more confident as we build resilience
- We embrace challenge

Start 2026 with Making Attendance Matter

ATTENDANCE MATTERS!

Many absences, even in Kindergarten, can cause children to fall behind in school.

Students who miss 10 days or more during a school year are less likely to graduate from high school.

Missing just a day or two each month can make it harder to learn to read.

Attending school regularly helps children feel better about school and themselves.

Being in school every day will enable children to do well in school and graduate from high school ready for work or college.

Season: **Winter**

Flowers of the Month: **Carnation** **Snowdrop**





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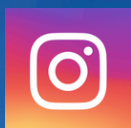
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Woodlands Infant and Nursery School

Looking for a safe, nurturing environment for your little ones to
learn? Look no further!

Contact us : 01522 683557
woodlands@forestskeys.co.uk
**Facebook: Woodlands Infant and
Nursry School**





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HOW TO SUPPORT HEALTHY EATING HABITS IN CHILDREN

Keep meals predictable
Serve meals and snacks at regular times. Young children feel more secure with routine, and this helps them come to the table ready to eat.

Always include a "safe food"
At each meal, include one food your child usually accepts (e.g., rice, bread, yogurt). This reduces anxiety and encourages them to explore other foods on the plate.

Use simple food presentation
Keep foods separate on the plate rather than mixed. Many young children prefer seeing each food clearly.

Offer small portions
Large portions can feel overwhelming. Start with very small servings—they can always ask for more.

Encourage tasting, not finishing
Use gentle language like:
• "You don't have to eat it all, just try a tiny bite."
• "It's okay if you don't like it yet."
Avoid insisting they clean their plate.

Let children help in small ways
Even at this age, children can:
• Wash fruit
• Tear lettuce
• Choose between two vegetables

Model healthy eating
Sit and eat the same food with your child. Talk positively about food ("This carrot is crunchy!") rather than whether it's "good" or "bad."

Praise effort, not intake
Praise behaviors such as:
• Sitting at the table
• Trying a new food
• Using a spoon or fork
This builds confidence without pressure.

Keep mealtimes calm
Remove distractions like TVs or tablets and keep the focus on family time.

Be patient with repeated exposure
It can take many tries before a child accepts a new food. Keep offering without pressure—even if it's ignored.

